

FIRST AND THIRD DEFENSE

The catcher will step in front of the plate and get all infielders and pitcher's attention. The first thing he touches is the active sign.

Mask

- Throw through to 2B.
- Catcher has to peek to make sure guy on 3B is not cheating.
- We will use this mostly with 2 outs.

Chest

- Pump fake and throw to 3B.
- Catchers must sell this with good pump fake.
- The easiest way to do this is to have the catcher keep the ball in their glove. It is difficult to sell "real" arm action with the ball in the throwing hand (fear of the ball slipping out of their hand). Runners react to arm action.
- Middle infielders need to sell this and make sure you are covering. We will use this with an aggressive runner or important run on 3B.

Top of Head

- Catchers pop up and throw immediately to 3B.
- We will use this with an aggressive runner or important run on 3B.

Glove

- Cut play to 2B.
- Catcher must check runner on 3B to make sure he is not cheating.
- Second baseman runs in and over to the middle of the diamond.
- Catcher throws the ball to shortstop coming in.