



RAWLINGS **TIGERS**

NEWSLETTER

Winter Edition 2017

TIGERUP

INSIDE THE CLUB

THE IMPORTANCE OF HAVING A PLAN THIS OFF-SEASON

Reminders

Winter training is underway and we love seeing everyone around the facility.

High School Players: Make sure you are taking advantage of the cage pass that is included with your registration. Stop by the front desk and check in when you arrive at the facility.

Youth Players: The Tigers are offering a wide variety of training options for you. A complete list of classes and training can be found in the VIP Access section of the Tigers website. You will need your code to get in, if you do not know your code, please email me and I will send it to you.

If you have any Tiger questions, email me any time and I will find the answer for you.

shoffman@bnsmail.us

Fundraisers

MEDIA GUIDE ads are due no later than January 15th.

TJ'S PIZZA fundraiser will be available again in February, details to come.

RAFFLE TICKETS are still available for a Rawlings bat, a custom-made glove, and a TV.

Tiger Families,

Our club offers a variety of options each year for training, and you get many of those e-mails. Some options are included in our program, such as the CLUB TRAINING DAYS, or JUNE OUTDOOR CAMP. We also offer a large variety of optional training that is position specific including such as our ACADEMY program, REP SESSIONS, HOLIDAY CLINICS, TIGER PEN for pitchers, plus more.

Our club understands that every athlete's situation is different in terms of time and resources. We have several multi-sport athletes at all age levels, which is fantastic. Our approach with the Tigers is to offer a wide range of training options, and families can customize their training that fits their needs. We do strongly encourage our youth families to participate in at least one type of class, camp, or private lesson structure throughout the year. The athletes that we have seen develop and progress to the next level are the ones that were always working in the facility improving their craft. We have a large staff of instructors that are eager to help in any way we can. We are here to enhance player development and bring out the most potential we can from our Tigers. If anyone has questions on winter/spring training options or structure, please reach out to us. We would be happy to sit down and develop a plan that fits your needs.

Aaron Jaworowski
President | Rawlings Tigers

WON AS ONE



High School Tigers

TIGERS ON THE ROAD

Travel Tournaments



15U BLACK

Indianapolis, IN
Louisville, KY
Nashville, TN
Dallas, TX

15U ORANGE

Joplin, MO
Indianapolis, IN
Dallas, TX

15U WHITE

Kansas City, MO
Knoxville, TN
Lexington, KY

15U GREY

Kansas City, MO
Milwaukee, WI
Jacksonville, IL

16U BLACK

Carbondale, IL
Indianapolis, IN
Cincinnati, OH
Atlanta, GA

16U ORANGE

Indianapolis, IN
Nashville, TN
Kansas City, MO

16U WHITE

Little Rock, AR
Joplin, MO
Wichita, KS

16U GREY

Omaha, NE
Murray, KY
Wichita, KS

17U BLACK

Columbia, MO
Indianapolis, IN x2
Atlanta, GA
Joplin, MO

17U ORANGE

Columbia, MO
Cincinnati, OH
South Bend, IN
Indianapolis, IN
Joplin, MO

17U WHITE

Little Rock, AR
Joplin, MO
Columbia, MO
Cincinnati, OH

18U BLACK

Fayetteville, AR
Indianapolis, IN

Schedules

All 12 high school teams have their travel dates and locations set. Mid-week practices, and games with full schedules will be released by the end of February.

Hotel information will be released by the end of February with the schedules. We have already put together hotel blocks for each team as well. You will receive emails with specific instructions on how to book your rooms as soon as the reservation blocks are open. When available, this information can be found on rawlingstigers.com, on your team page.

Hotels

CLASS OF 2018 COMMITS

November was an exciting month for the Tigers. In this years early signing period, we had the privilege of watching 17 players commit to colleges across the country.

With the recent commitments, the current number of commits for our 2018 signing class is at 21 and we are projecting to reach over 30 commits by the end of summer. All of these athletes played with the Tigers last summer during their 17U seasons.

We are looking forward to adding more players to the list this spring with the 2018 signing period beginning April 11th.

PLAYER	HIGH SCHOOL	COLLEGE
Trevor Abney	Parkway West	Northwest Missouri State
Quinten Albrecht	Waterloo	Wichita State University
Radford Beasley	McCluer North	Coffeyville C.C.
Tim Ewald	Francis Howell Central	Dallas Baptist University
Jared Flanagan	Academy (Little River)	Ecclesia College
Adam Fuqua	Eureka	University of Central
Sam Grace	Francis Howell North	SIU- Carbondale
Bryce Grossius	St. Mary's	SEMO
Zack Hilboldt	DeSmet	Maryville Universtiy
Alexander Lovin	Columbia Hickman	North Central College
Clay Mandernach	Fort Zumwalt West	Crowder College
Casey Mareschal	Fort Zumwalt West	Park University
Seth Nast	Wesclin	Lewis & Clark C.C.
Tyler Placke	Parkway South	Franklin College
Stephen Randazzo	DeSmet	Drury University
Ryan Stovall	Gatesville	Ecclesia College
Drew Strohm	Fort Zumwalt West	Western Kentucky
Dexter Swims	McCluer North	Missouri Southern
Jack Swiney	Parkway West	Western Kentucky
Zac Voss	Seckman	Maryville University
Tommy Woods	McCluer North	Missouri State University



Tigers Training

2018 off-season workouts launched November 4th for high school players. The focus of Tiger Training is to start preparing players for their upcoming high school and summer seasons. During training, our staff works with players on hitting, fielding, and fitness. Coaches help hitters develop their swings and better understand the different philosophies of hitting, pitchers prepare their arms and bodies to begin throwing in January, and all players work at strength building in the weight room.



HUNTER SHOCKLEY 7U KNOESEL



FAVORITE

Number	13
Position	2B
Team	Cardinals

THIS OR THAT

Gatherer	Hunter
Sunup	Sundown
PlayStation	Xbox
Batman	Spiderman
Gatorade	Powerade
Fruit Roll-Ups	Fruit Snacks
Throw 100 mph	Hit 15 HR's per season

DIGGING DEEPER

Best baseball memory:

Going to the Springfield game and getting Randal Grichuk autograph

Other Sports Played:

Hockey

Hidden talent:

Touch my nose with my tongue

How often do you get grounded?

Not that much, unless I have a Dr. Pepper

What do you want to be when you grow up?

A donut maker

You only get 3 wishes, what are they?

Go to Outer Space
Everything is free
Less school days

On a Scale of 1-10, how would you rate your memory?

5

Weight Room Launch

November 4th marked the opening day of our Tiger Strength and Conditioning Center. The Balls-n-Strikes bullpen was moved out so that Tigers would have additional space for training. We are excited about the new addition as it adds another training opportunity for Tiger players to utilize and help further their development. If you have any questions in regards to training programs or nutrition, please speak with Coach Nash and he will get your player set up on a plan that works for them.



Trivia Night Recap

With over 500 participants, Trivia Night 2018 was once again a great success!

Trivia Night is a yearly fundraiser where all profits are split evenly amongst the tables. This year, each table was able to walk away with \$388 after a \$300 investment – and hopefully had a lot of fun while they were there!

For the many teams that put together baskets to donate and individuals who donated – thanks! We could not do it without you.

One of the big highlights of the evening was the auction for the First Pitch at a St. Louis Cardinal's game! Darren Warren, coach for both 12U and 14U team, won the auction and we can't wait to hear about this once-in-a-lifetime experience.

A special thank you to our sponsors for the event: Weilbacher Farms, American Family Insurance, TJ's Pizza Fundraising, Fischer's Sporting Goods, Huntington Learning Center, Mercy Sports Medicine, Balls-n-Strikes – Ballwin, TournamentGuy.com, and 12-Six.

If anyone has been a part of a successful or fun fundraiser that you think would be a good fit for our club, please let us know. We are always open to suggestions in our pursuit of making the Rawlings Tigers the best club!





IAN CAMPBELL

10U SIMON



FAVORITE

Number	2
Position	Pitcher
Team	Cardinals

THIS OR THAT

Gatherer	Hunter
Sunup	Sundown
PlayStation	Xbox
Batman	Spiderman
Gatorade	Powerade
Fruit Roll-Ups	Fruit Snacks
Throw 100 mph	Hit 15 HR's per season

DIGGING DEEPER

Best baseball memory:

Hitting first home run over the fence in T-ball.

Other Sports Played: Lacrosse, Basketball, Football

Game day food: Pretzel bites with cheese

What do you want to be when you grow up? A Dentist

You only get 3 wishes, what are they? Unlimited Money
Super Powers
Good Looks

You've been given an elephant. You can't give it away or sell it. What would you do with the elephant?

Give it peanuts and ride on it.

.400 Club

During the months of January and February, some schools conduct hitting sessions and many players prefer to work with private instructors. The .400 Club is an alternative or addition to those options. The focus of these classes is on repetitions and drills that build off our November and December Tigers Training sessions. To learn more about the teaching points of the .400 club and the times available, please send us an email Shannon (shoffman@bnsmail.us) or call the office at 636-394-2255.

Tiger Holiday Camps

Pick your day! The Tiger Holiday Camps are each 1 day with each day focusing on a specific skill; pitcher defensive training, catching skills, hitting, and middle infield. These camps are held **December 27th, 28th, 29th, and 30th** from **9am-12pm**. The cost for a single day camp is \$75 with each additional camp thereafter \$65. Please call the office to register.

12/27 - Pitcher's Fielding Practice

12/28 - Catching Skills

12/29 - Hitting

12/30 - Middle Infield Skills

Youth Tigers Training Sessions

Beginning January 6th, youth Tigers teams will begin their off-season club training. These sessions will be lead by our high school coaches and instructors. The focus of the program will revolve around: hitting, fielding, and the mental side of baseball. Coaches will be focused on development and helping players better understand in-game situations. Sessions are an hour long and will include players from 3 teams. Please check with your coach for your times for these upcoming sessions. The cost of club training days was included in your fees..

Tigers Fielding and Hitting Rep Sessions

Rep Sessions will follow the Youth Tigers Player Development Plan. They will run in 3-week intervals, 1 hour per week. This is a great opportunity for players to get more reps and more training in small groups (4 players max per group). Our High School Staff will be the instructors assigned to the various sessions. The cost is \$105 per session. For dates and times, check out the VIP section of the Tigers website.

January and February are the best months to showcase your skills in front of college coaches and put yourself on the radar for the 2018 season.

Showcases are a great opportunity for high school athletes to be seen. These events are known to attract coaches from around the region and across the country. It is very important that players are prepared and at their best prior signing up for these events. We do not recommend signing up unprepared. Doing so can lead to a rush in preparation and increase risk for injury. If you are interested in attending a camp or showcase, please plan in advance and allow plenty of time to prepare.

Contact David Birkby if any high school players have questions on showcases or college camps. dbirky@rawlingstigers.com

DRAKE DOWNING

16U BLACK



FAVORITE

Number	34
Position	Pitcher
Team	Cardinals

THIS OR THAT

Gatherer	Hunter
iPhone	Android
PlayStation	Xbox
Batman	Spiderman
Gatorade	Powerade
Fruit Roll-Ups	Fruit Snacks
Pitch a no-hitter	Hit a walk-off home run

DIGGING DEEPER

Best baseball memory:

Throwing a no-hitter against Freeburg.

Hobby outside sports:

Hunting
What animal would you be and why? A red hawk because no one would mess with me

How often do you get grounded?

Never been grounded..

What do you want to be when you grow up? A Orthopedist

What's the color Yellow mean to you?

Bright, Sunny, a path of good fortune

You've been given an elephant. You can't give it away or sell it. What would you do with the elephant?

Show it off and ride it

College Camps

The reason they are called camps and not showcases is because the NCAA mandates there must be some sort of educational value or teaching happening while on a NCAA college campus. Colleges and Universities are not allowed to host showcases to evaluate players. In order to stay within the confines of the rules, the coaching staff generally run players through drills that test their skills and talk about their teaching philosophies. Players will still be evaluated at camps.

NOTE: This does not include NJCAA colleges, as the rules for junior colleges differ from the rules of NCAA.

Showcases

At showcases, players will get evaluated based on their skills and abilities. Players will receive measurements on their skills in the forms of velocity, a 60 yard dash, Infield, outfield, etc. Normally, showcases are put on by companies such as Prep Baseball Report and Perfect Game. Some junior colleges (NJCAA) will host their own showcases at well. Showcases are great because they provide insight as to where your skills rank in comparison to other players. Showcases tend to be more expensive than camps although it can vary.

Where can I find showcases and camps?

Most colleges will have their upcoming camps and/or showcase information on their websites. If there is a school you are interested in attending, please visit their website for information on upcoming events.

If you are interested in attending a camp, you can also check out collegebaseballcamps.com where you will find a comprehensive list of upcoming camps hosted by school around the country.

If you are interested in attending a showcase, Prep Baseball Report and Perfect Game are the two leading showcase companies in there area. Both companies will be running showcases throughout the winter around the Midwest.

Prepbaserballreport.com | Perfectgame.org

Please contact David Birkby if any high school players have questions on showcases or college camps. dbirky@rawlingstigers.com

Upcoming camps and showcases around St. Louis

Mizzou Winter Showcase Camp	Dec. 29 - 30
Missouri State Camps	January, multiple dates
University of Missouri- St. Louis	January 14th
University of Illinois	January 14th
Mineral Area C.C Showcase	January 20th

REGIONAL PROGRAM

**THE RAWLINGS TIGERS
WOULD LIKE TO
WELCOME
THESE NEW CITIES
TO OUR
BASEBALL
CLUB**



The Rawlings Tigers are being contacted on a weekly basis by baseball coaches around the country inquiring about our club. We have a blueprint in place that can be duplicated by coaches and directors in different cities. Our Tigers in St. Louis are in a great position for years to come as we will be the model club for all the Tigers to follow around the country. This expansion will bring more vendor discounts for events, products, and services along with opening opportunities for college networking for our families. Our training and curriculum model is being implemented throughout this program as player development will always be the foundation of our club.

We have met some terrific people along the way. If you have relatives or friends in other cities that you think would be a good fit for the Tigers, please contact us, we would love to talk with them. The Tigers currently have teams in these cities:

Scottsdale, AZ	Omaha, NE
Jonesboro, AR	Cincinnati, OH
Indianapolis, IN	Oklahoma City, OK
Louisville, KY	Tulsa, OK
Paducah, KY	Knoxville, TN
St. Louis, MO	Temple, TX

JOIN THE TIGERS



PERFORMANCE IS ABOUT RESULTS!

Ask any successful athlete about their journey and I can almost guarantee they will all have a similar answer; finding a 'purpose' to keep going when the going gets tough and staying consistent.

Our highest potential can only be reached through a consistency in our actions. Any athlete can hit excellence for a day, a week, or even a month, but what about over a length of a year or even a career?

Performance is about results. If you want to perform your best and have great results then you must be willing to show up every day with a purpose and a work-ethic to get better.

Our level of performance is impacted by how relentlessly we hone our lives everyday to becoming smarter and more efficient. The only way to truly reach our highest level of potential is through a consistency of actions every day. Our best is never good enough, and when you think you've reached your peak, there is always more to be had.

Moving forward, the focus of Strength and Conditioning in our newsletters will revolve around 'purpose.' The challenge I have for every Tigers player is simple, to put forth your best efforts and to start focusing on the little details. Choosing the hard 'right' over the easy 'wrong' will help guide each of you in your journey on and off the field. Respecting others, not missing school assignments, not cutting practices and workouts short, being on-time, and taking care of your bodies are all aspects that result in higher performance. Once you begin trusting the process, it will be your new normal.

Accept this challenge and you will begin to see a difference, on the field and in the classroom.

TIGERS HAVE ENTERED INTO SNAPCHAT!

In May, the first Tiger story was told, and it wasn't by the directors. It was by the players. Last summer, we hosted a group story where Tiger player's got to submit their videos and pictures from their day and life as a Tiger. It became a huge hit, where many of the players were using the phrase 'Tiger Life,' referencing to the story feature used on Snapchat.

We saw rain delay dances, championship trophies, and funny pranks on teammates. These videos had a lasting impression with some making it to our Instagram account, where they then caught the attention of ESPN and other major Instagram accounts.

One post made SportsCenter Top 10 on June 6 when second baseman, Dylan McGraw, of 17U Orange made an unbelievable diving catch in shallow right field during a Cincy Flames tournament. It was unbelievable surprise when Dylan woke up and saw himself the next morning highlighted next to professional athletes on SportsCenter.

It has been unbelievable year for the Tigers. It awesome to see that our players and families having fun with social media, but more importantly having fun on the field. It was a pleasure seeing the culture grow this past year. We Are looking forward to 2018.

Note: Please feel free to submit photos or videos. It is very hard to transfer this information via email, so please share all your photos and videos on either Instagram, Facebook, or Twitter. Also, don't forget to tag us :)

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THANK YOU!