

## How To Create A Recruiting Video

When creating a recruiting video to send to college coaches, below are a few key points to consider when putting together your video.

- No Highlight Videos. College coaches are not interested in seeing only the good plays you made in games. They are looking at your athleticism, movements, and intangibles.
- Keep the video short. Try to keep the video length under 3 minutes. A college coach can usually tell within 4-5 swings/throws/defensive plays if he likes the player or not.
- Don't worry a lot about the production value. No music, no background images, etc. Just keep it simple and have a clear video that is close enough for a college coach to evaluate the player.
- Understand that this is just a conversation starter. No college coach is making an offer to a player based on just a video.

### Hitting Section

- 8-10 Swings
  - Use standard batting practice. If you have game footage that is fine as well.
- Side view
  - Shows hitters swing path. Shows hitters footwork. Shows bat speed.
- Behind View
  - Shows all of the above plus where the baseball goes.
- In a cage or outside on a field both work.
- Get exit velocity of the player off of a tee and make sure to put it on the video.



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## Defensive Section

- 3B
  - 1 ground ball at you thrown to 1B
  - 1 back hand showing range thrown to 1B
  - 1 forehand showing range thrown to 1B
  - 1 double play ball thrown to 2B
  - 1 slow roller thrown to 1B
    - Get velocity of arm strength and show on video.

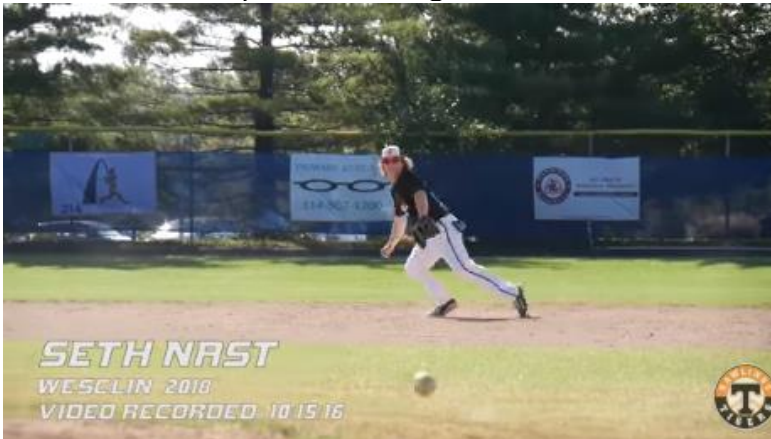


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- SS
  - 1 ground ball at you thrown to 1B
  - 1 backhand showing range thrown to 1B
  - 1 forehand showing range thrown to 1B
  - 1 double play ball thrown to 2B hit to backhand side
  - 1 double play ball flipped to 2B hit to forehand side
  - 1 double play ball hit to 2B for double play showing SS footwork around the bag
  - 1 slow roller thrown to 1B
    - Get velocity of arm strength and show on video.



- 2B

- 1 ground ball at you thrown to 1B
- 1 backhand showing range thrown to 1B
- 1 forehand showing range thrown to 1B
- 1 double play ball thrown to 2B hit to forehand side
- 1 double play ball flipped to 2B hit to backhand side
- 1 double play ball hit to SS for double play showing 2B footwork around the bag
- 1 slow roller thrown to 1B
  - Get velocity of arm strength and show on video.



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- 1B

- 1 ground ball at you thrown to 3B
- 1 backhand showing range thrown to 3B
- 1 forehand showing range thrown to 3B
- 1 double play ball thrown to 2B, start by holding on the runner. Get back to bag to cover.
- 1 double play ball by tagging first base and then throwing to 2B for tag play.
- 3-4 scoops at 1B both back hand and forehand.
- 1 slow roller thrown to 3B.
  - Get velocity of arm strength and show on video.





- OF

- 1 ground ball at you thrown to home plate.
- 1 ground ball to the right of the player thrown to home plate.
- 1 ground ball to the left of the player thrown to home plate.
- 1 fly ball at player thrown to home plate.
- 1 fly ball to the players right thrown to home plate.
- 1 fly ball to the players left thrown to home plate.
  - Show flight of ball if possible.
  - Get velocity of arm strength and show on video.



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- Video catcher receiving 5 fastballs.
- Video catcher blocking 3 curveballs if possible to show blocking ability.
- 2-3 throws to 2B with pop time shown on video. Show side view of this as well as front view.



## Pitching Section

- 10-15 pitches
  - 3-4 fastballs from behind view showing flight of ball.
  - 2-3 of each off speed pitch from behind view showing flight of ball.
  - 2-3 fastballs out of the stretch behind view.
  - 2-3 pitches side view showing mechanics.
  - Show velocity on the video of those pitches.



## Academics

- Add academics to the start of the video or end of the video if you can.
- GPA
- ACT/SAT