

### NEW YEAR LEADERS December 30, 2019-JANUARY 15, 2020

## LEADERBOARD EXPLAINED

Thursday nights we generate a report from the previous seven days. Averages are calculated from the total amount of recorded swings in those seven days. The data is populated through our Blast Motion cloud portal and includes all players who are registered inside the organizations account.



## <u>METRICS EXPLAINED</u>

#### BAT SPEED

The observed speed of the sweet spot of the bat at impact. The sweet spot of the bat is measured six inches from the tip of the bat.

#### <u>PEAK HAND SPEED</u>

the observed maximum speed as measured on the handle of the bat (measured six inches from the knob of the bat). Peak Hand Speed will occur prior to the moment of impact, very close to the commit time in the swing when the wrists unhinge.

#### **ROTATIONAL ACCELERATION**

It measures how quickly your bat accelerates into the swing plane. Rotation is a good indicator of how you build bat speed by sequencing properly vs. pulling the bat with your hands. The quicker your rotational acceleration, the more power you will have.

#### <u>POWER</u>

The average Power generated during the swing is found from the effective mass of the bat, the Bat Speed at impact, and t he average acceleration during the downswing. Power is measured in Watts. Higher Power is achieved when a hitter is able to swing a heavier bat and accelerate it to higher speeds.

## SWING TOTALS



# LEADERS AMT OF SWINGS I. OWEN POWERS **2**. sean ward 3. JACK KNOESEL **4**. LUKE ALLEN 5. JACKSON PASLEY **6**. ASA MARTINEZ 7. ANDREW FELDT 8. CARTER LEWIS **9**. EDDIE HACKER **IO.** GRANT MUNOZ



## AVERAGE BAT SPEED



LEADERS	MPH
I. ETHAN LINDEMANN	68.0
2. LUKEALLEN	66.7
<b>3. PEARSE REAGAN</b>	65.5
4. OLIVER FERRIS	65.3
5. RYAN MCDONALD	63. I
6. BENJAMIN OSTERHOLT	<i>62.7</i>
7. JUSTIN COLEMAN	62.4
8. ZACKHOFFMAN	<i>62.3</i>
9. TYLER FLOYD	<i>62.0</i>
IO. EDDIE HACKER	60.2

### AVERAGE POWER (KW)(\*)



	LEADERS	KILOWATTS
I. ETHA	AN LINDEMAN	N 4.15
2. PEAP	RSE REAGAN	<b>3.67</b>
3. LUKE	E ALLEN	<b>4</b> 3.55
4. RYAN	MCDONALD	3.19
5. BENJ	AMIN OSTERI	HOLT 3.13
6. OLIV	ER FERRIS	3.09
7. JUST	'IN COLEMAN	<b>2.95</b>
8. ASHI	ER SINK	<b>2.93</b>
9. ETHA	AN MILAM	<b>2.85</b>
IO. EDDI	E HACKER	<b>2.83</b>

(\*) THE AVERAGE POWER GENERATED DURING THE SWING IS FOUND FROM THE EFFECTIVE MASS OF THE BAT, THE BAT SPEED AT IMPACT, AND THE AVERAGE ACCELERATION DURING THE DOWNSWING.

### AVERAGE ROTATIONAL ACCELERATION



LEADERS	G-FORCE
I. OWEN POWERS	<b>22.5</b>
2. ETHAN LINDEMANN	<b>I 8.4</b>
3. ASHER SINK	17.3
4. PEARSE REAGAN	15.2
5. ETHAN MILAM	<b>I</b> 3.8
6. JACKKNOESEL	<b>12.7</b>
7. EVAN SCHIEK	<b>II.8</b>
8. RYANMCDONALD	11.1
9. JACKSON PASLEY	<b>10.6</b>
IO. WILL MALSCH	<b>9.8</b>

G-Force (G's) The force generated from impact (or magnitude of linear acceleration vector) created during a landing or fall.

### PEAK HAND SPEED



LEADERS	AVG MPH
I. ETHAN LINDEMANN	<b>23.3</b>
2. ASHER SINK	22.4
<b>3</b> . RYANMCDONALD	21.2
4. PEARSE REAGAN	21.0
5. TYLER FLOYD	20.5
6. LUKEALLEN	20.4
7. OLIVER FERRIS	20.3
8. OWENPOWERS	20.2
9. ZACKHOFFMAN	<b>20</b> . I
IO.ANDREW FELDT	<b>19.8</b>