

Rawlings Est. 1887

BASEBALL DEFENSIVE DRILL SEQUENCES

#1	OF / SS / 3B:	Throws to 3 rd	behind mound
	P / 1B / 2B:	3-1, 4-1, 4-3 Plays (Communication)	front of plate
	C:	Blocking Drills	front of mound
#2	OF:	Fly ball Communication	behind mound
	IF:	DP's to short bag	beside plate/ screen at 1st
	P / C / 1B:	Pitchouts & Picks to 1 st / Secondary Ru	inner Pick
#3	OF / 1B / 3B / C:	Throws to Home	home plate
	P:	Back Up Positions	behind mound
	2B / SS:	DP Feeds (Flips, Backhand, OH Throw	, Reverse Pivot)
#4	OF / MI / 3B:	Double Relays (3B)	behind mound
	P / 1B / C:	Picks @ 1 st	1 st base
#5	P / C / MI:	Throws to 2 nd	behind plate
	3B / 1B:	Slow Rollers / Bunts (5-3, 3-5)	home plate
	OF:	Indirect Base hits (Angles)	behind 2 nd
#6	P / C / 3B	Throws to 3 rd	behind plate
	MI / 1B / P:	3-6-1 DP	1 st base side of home plate
	OF:	Do or Die GB's (No Throw)	behind mound
#7	P / C:	Wild Pitch Drill	mound
	3B / SS / LF / CF:	Pop Ups	3 rd base side
	1B / 2B / RF / CF:	Pop Ups	1 st base side
#8	C / P / 1B / 3B:	Bunt Zones, Reads, & No Throws	home plate
	MI / OF:	Throws to 2 nd	behind mound
#9	OF:	Drop Steps (Fungos)	behind 2nd
	IF / P / C:	1 st and 3 rd Situations	home plate
#10	OF:	Wall Balls / Fence Drill	behind 2 nd
	C / P:	Pop Ups	home plate
	IF:	Slow Rollers	home plate
#11	3B / SS:	6-5 Play (Communication)	home plate
	2B / 1B / P:	6 Defense Pick Play	mound
	P / C:	Squeeze D	home plate
	OF:	X Drill	outfield





#12	SS / 2B: 3B / 1B: D/C:	6-4 Force Play (6 Hole) 5-3 Play Pitchouts	3 rd base side of home plate 1 st base side of home plate
	P/C: OF:	Glove Side Turns (No Throw)	behind 2nd
#13	OF / MI / 1B / C: P / 3B:	Base Hit Throw Behinds (Catcher Trailer) behind mound 3 Defense Bunt Reads home plate	

*** Red indicates positioning of coach