

## COLLEGE RECRUITING PROCESS

### PART 3

## ASSESSING THE PLAYER

Self-awareness is overlooked by many recruits. It is important to understand where your current abilities fit in the college landscape.

### **5 Self-Awareness Tactics for Each Player to Consider**

Ask an honest coach that you trust to give you their honest opinion of where your current skill levels are and where you are at right now in terms of recruiting and where you could be.

- a. This is very important. Honest self-assessment. You won't get this by asking yourself. You will always think higher of yourself, as you should. Go ask a coach who you trust to give you honest feedback. Not just someone who will build your ego. Ask for your:
  - i. Strengths
  - ii. Weaknesses
  - iii. Current level of college they would feel comfortable pushing you recruiting wise.
  - iv. Where you could fit in with a little bit of work in certain areas.
  - v. Other useful information pertaining to the process.
2. Once getting this information, don't take it as a personal attack to you as a player. That coach is doing you a really big favor. Now you know where you are. It is your job to find out how to improve to get to the level that you find desirable.
3. Keep putting in the work and trusting the process. Players assessments are always fluid. Some go way up, some go way down.
4. Stay in contact with that coach over time. They will let you know when you are making jumps and what you need to continue to improve upon.
5. Find out the small intangibles that college coaches are looking for and make sure you are working to improve those.
  - a. Velocity -- both hitting and throwing
  - b. Speed
  - c. Fielding ability
  - d. Baseball IQ
  - e. Work ethic
  - f. Academics

Once you get good information about where you fit and what you need to improve upon, keep working harder! You only get a short amount of time during high school to do this. Don't waste it.