

# Rawlings Tigers

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## 1 Drill to Improve Your Reaction Time



Rawlings Tigers

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Cred : Matthew Schott [www.matthew-schott.format.com](http://www.matthew-schott.format.com)

What's up! What's up! New Week, new opportunity to make it to Championship Sunday.

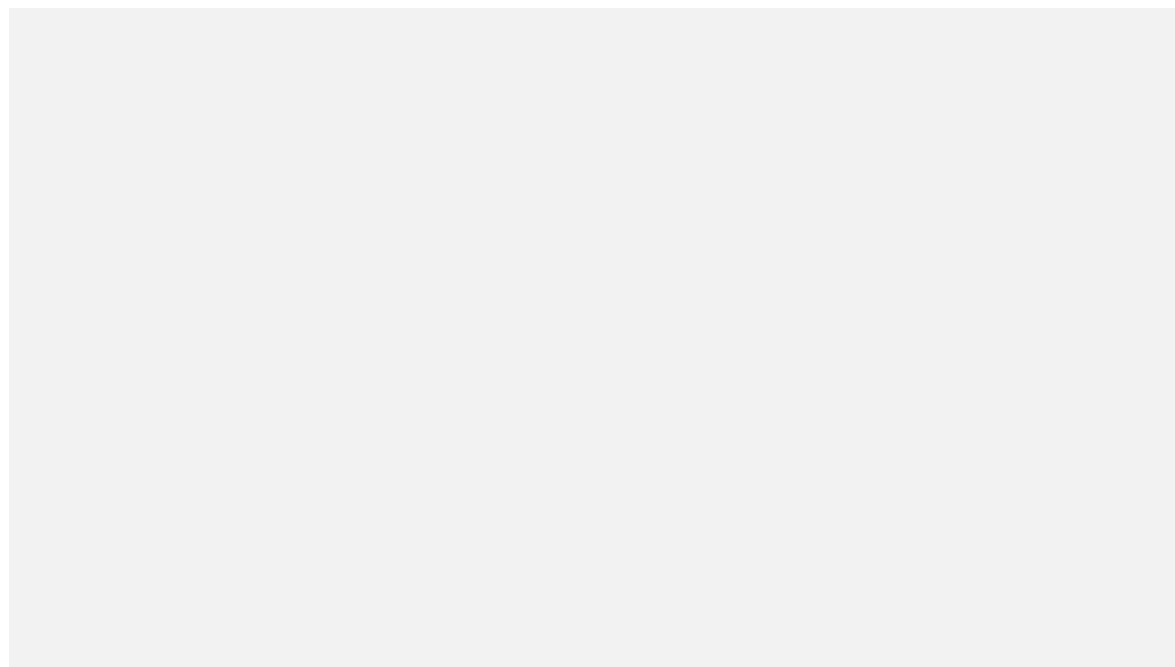
When watching our teams play this past weekend. I saw a lot of great at bats, but more importantly saw coaches teaching defense.

You have no idea, how excited I was to see coaches on both sides of the diamond teaching their players how to become better defenders before the game.

With any great defense, it starts with your battery. Your pitcher and your catcher.

Last week, Coach Leimkuehler grabbed me and said, “I have a drill everyone is going to love.”

Bold statement, I know, but when filming it became clear..... This drill is fun!



Sometimes we have to use our pillar drills that coaches and players don't like, because it reinforces the correct movements. BUT, when you get the chance to mix in drills that are little different....do it! Your players will thank you for it.

Share this drill onto a friend who is in need of creativity.

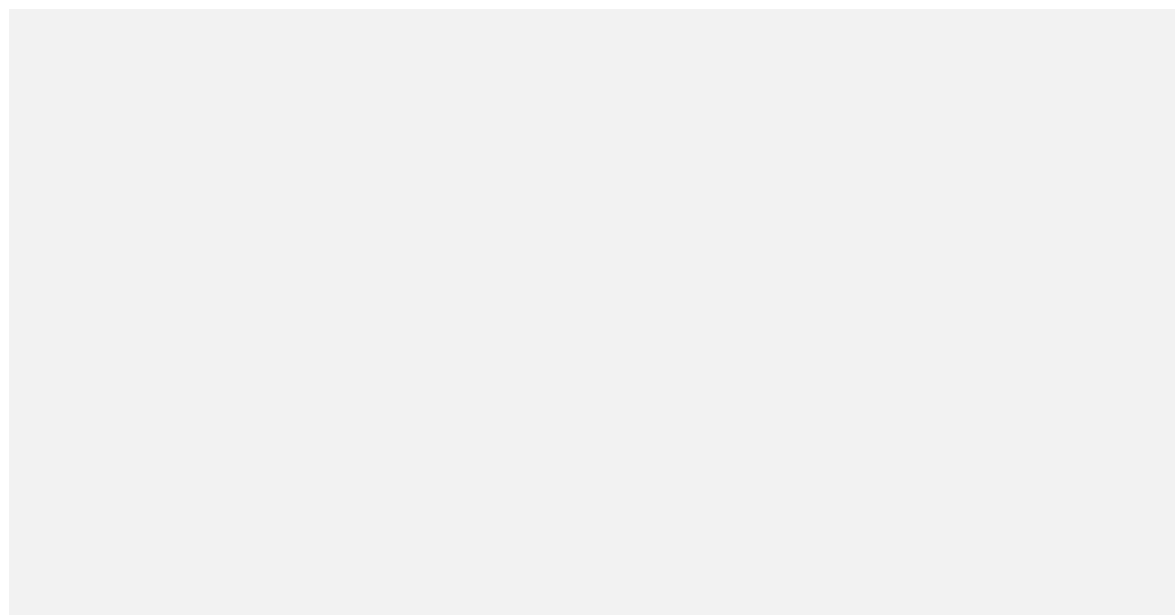
Play big this week,

**Spiker**

**spiker@rawlingstigers.com**

**www.rawlingstigers.com**

Do you want to learn the 9 different ways to be a successful hitter in the box? [Grab you 9 Types of Quality At-Bats + Dugout Game Chart](#)



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Coaching

Youth Baseball

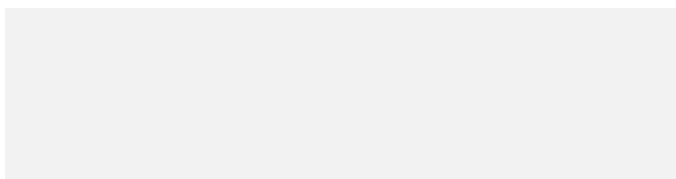
More from Rawlings Tigers

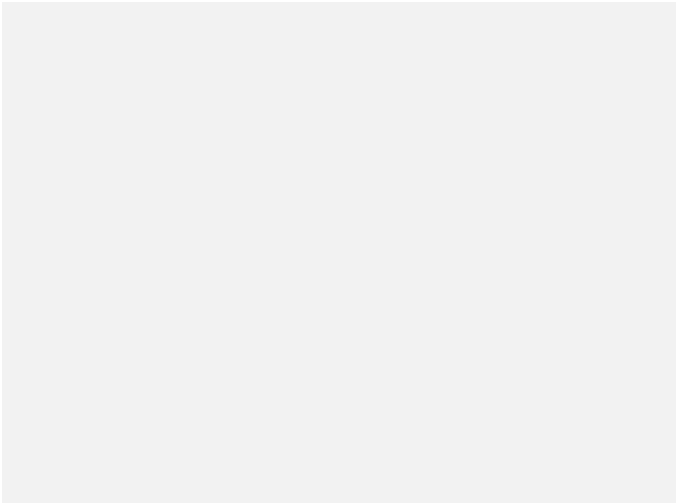
Dedicated to player development | [rawlingstigers.com](https://rawlingstigers.com) | #TeamRawlings

More From Medium

YB-Tuesday Tip Outfield Pro-Step over Crow Hop

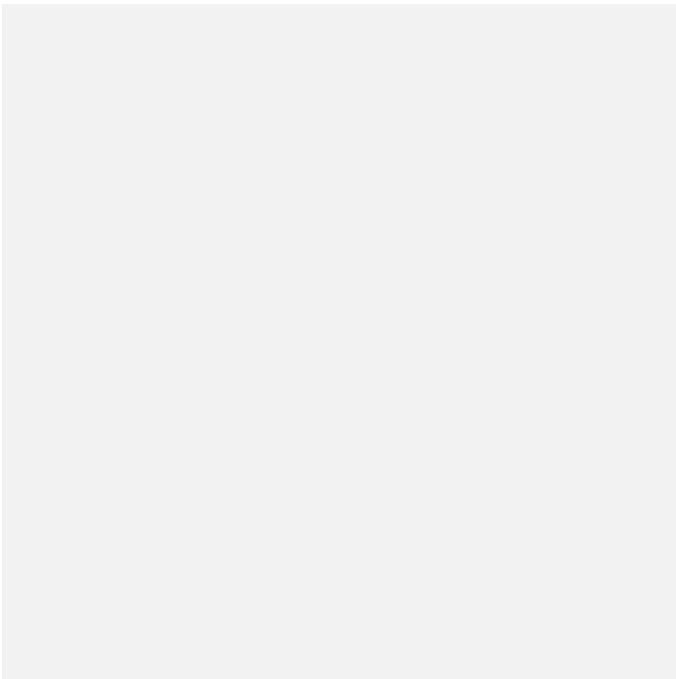
Cleveland Indians in TribeVibe





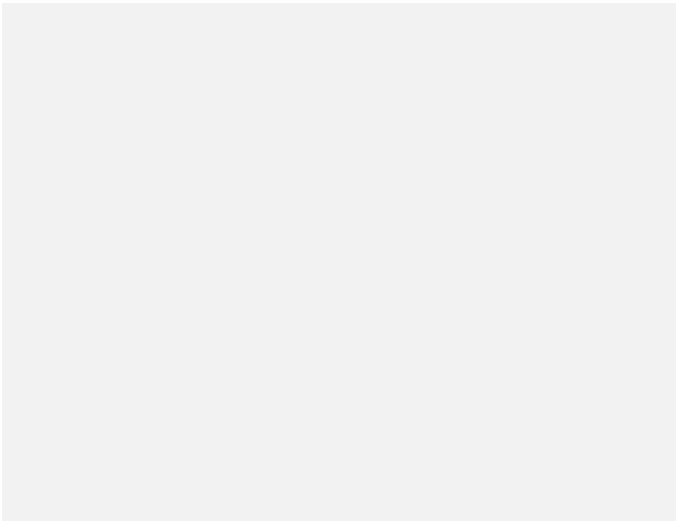
YB Tuesday Tip-Catcher Warm Up Drill

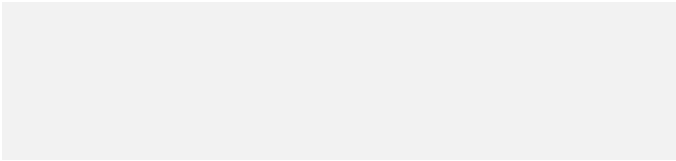
Cleveland Indians in TribeVibe



YB Tuesday Tip-Fielding Group Warm-Up

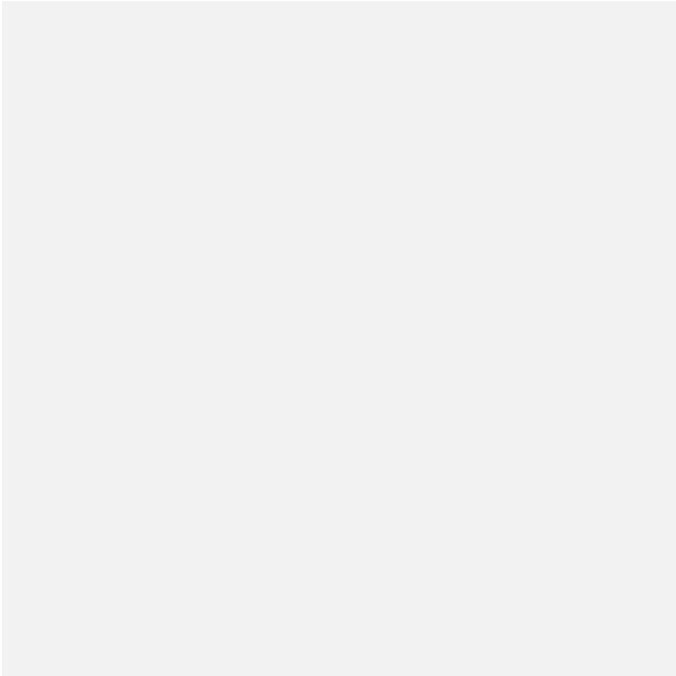
Cleveland Indians in TribeVibe





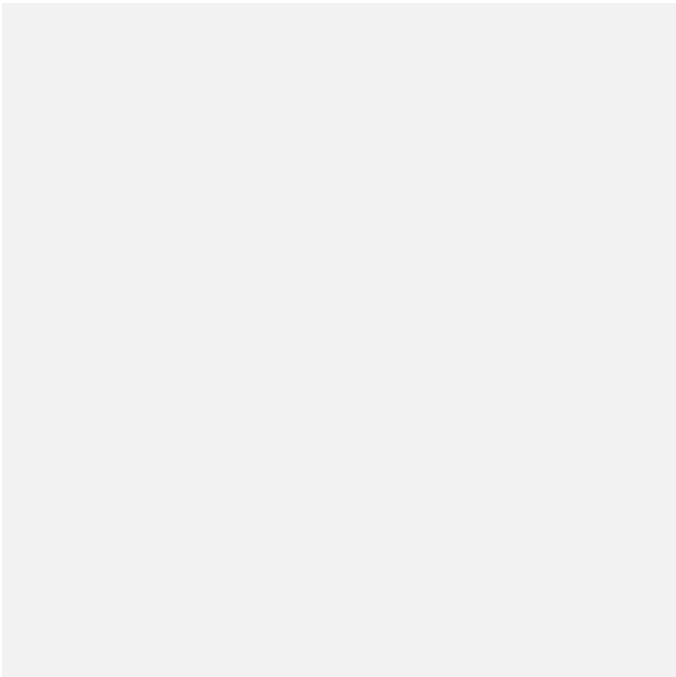
Game Gallery: Tigers @ Angels, 6/20/21

Angels Baseball in The Halo Way



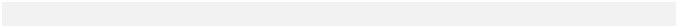
YB: Hitting~Have a Framework and make it Fun Competition

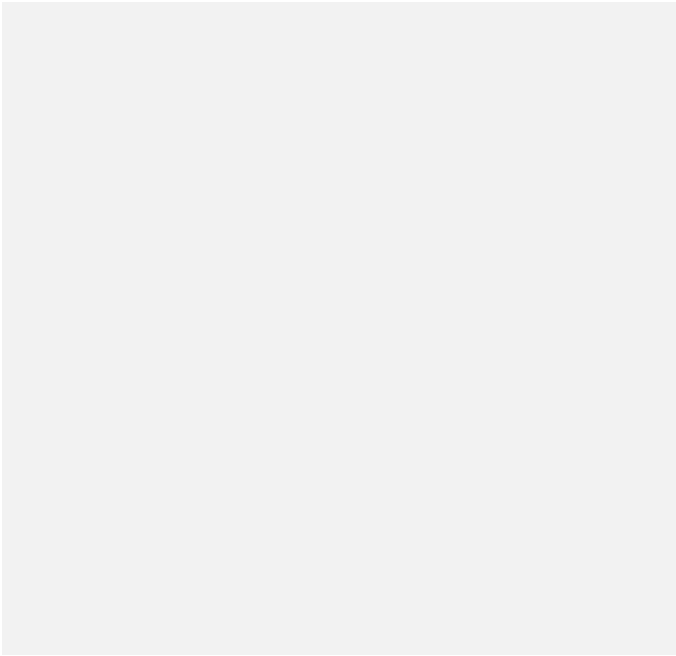
Cleveland Indians in TribeVibe



You Need An Accountability Coach More Than a Mentor For Your Side-Gig

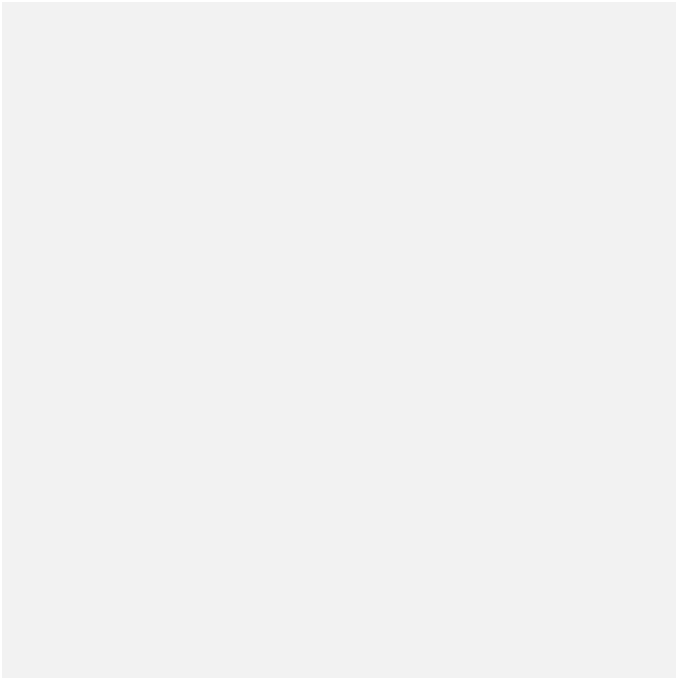
Asmita Karanje in The Startup





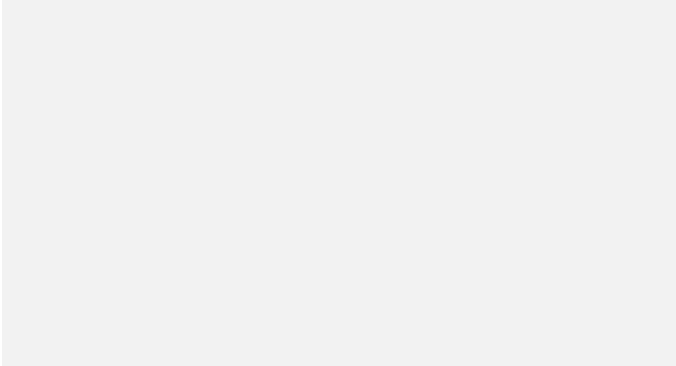
MYB- Tuesday Tip-Bunt like a Pro

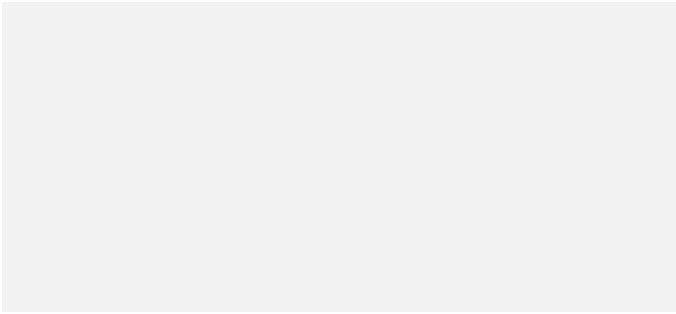
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MYB-Tuesday Tip-Stalking Prey to Throwing Position

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