



BACK

HITTING ONLY

FRONT TOSS

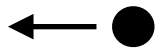
- UNDERHAND

L - SCREEN



SQUARE SCREEN
DIVIDER

TEE WORK



SHORT TOSS

- OVERHAND (SITTING)

L - SCREEN



SQUARE SCREEN
DIVIDER

TEE WORK



LONG TOSS

- LIVE HITTING

L - SCREEN



SQUARE SCREEN
DIVIDER

ON-DECK TIMING

FRONT